

# RED COUCH CONSULTS

## ***Industry S.O.S. Mentorship***

1 HR

Complementary coaching for individuals with less than 3 years in the industry. Topics covered include:

- harm reduction resources
- self-care and wellness skills
- safety plans and techniques
- and creating and implementing boundaries.

Participants also receive one Weapon Pack safety starter kit.

The \$5 deposit hold fee is charged back upon your request.

## ***Industry B.T.B. Mentorship***

1 HR

Industry B.T.B. (brand the bag) Mentorship is an introductory career guidance session for individuals looking to grow. Topics covered include:

- marketing and branding
- overcoming setbacks
- landing the sale
- setting goals

And more!

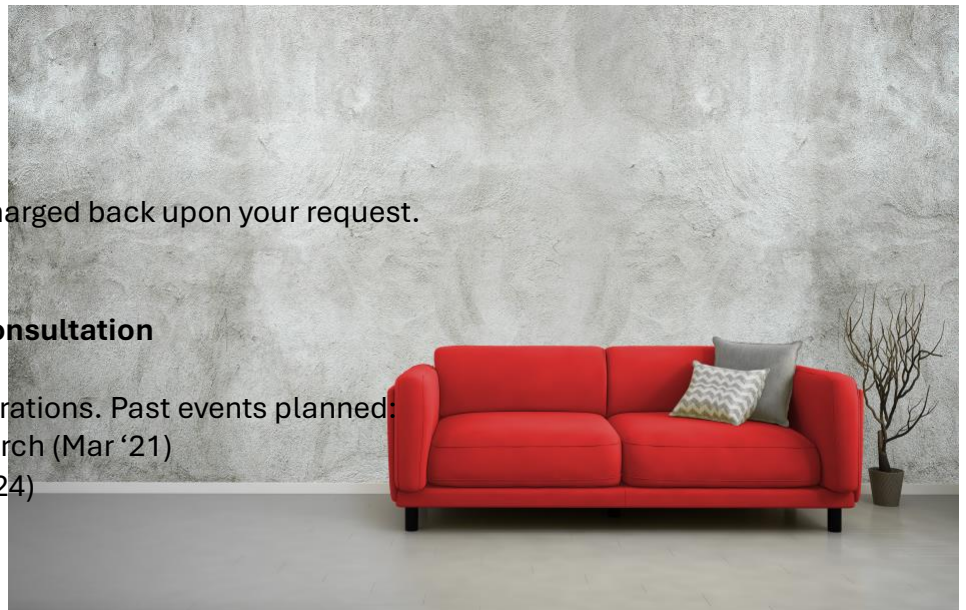
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## **Industry Event Planning Consultation**

3 HRS

For event organizing collaborations. Past events planned:

- Spa Shooting Memorial March (Mar '21)
- Tales from the Trade (Sep '24)
- Movie Screening



**Call 1888-378-5359 to schedule a consultation.**